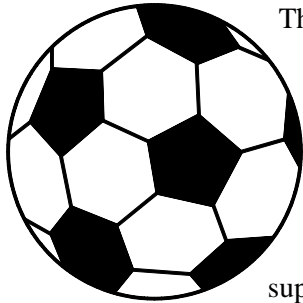




## “LDS” Futsal



The name "FUTSAL" is derived from the Portuguese "FUTbol" (soccer) and the French or Spanish word "SALa" (indoor). The game's origin can be traced back to Montevideo, Uruguay when in 1930 Juan Carlos Ceriani created a five-a-side version of soccer for youth.

Most of us are familiar with soccer. Even in the United States, soccer has become the largest participation sport for youth and adults. In Utah alone over 40,000 players (youth and adults) participate and thousands more provide support as coaches, administrators and referees.

While still in the soccer “family”, “LDS” FUTSAL differs in some significant respects from both the outdoor and indoor game.

### **“LDS” Futsal is not ...**

“Wall Ball”. Specific boundaries, prohibitory rules and a low bounce ball (to limit flight) keeps the ball and the players on the court and not at the walls. An exclusive game that compromises team success for including players with limited skills.

A contact sport. The design of the game itself and specific prohibitory rules limit the extent of physical contact between participants. “Charging” and “Slide Tackles” for example, are specifically prohibited.



### **“LDS” Futsal is ...**

An indoor game played within the specific boundaries of the cultural hall floor. Or, it can be played outdoors on a small size field.

A small sided game - 5 vs. 5, that encourages creativity and is almost universally enjoyed.

Played with smaller goals and without goalkeepers.

A game that promotes scoring, team play and individual touches on the ball.

A fast game (50 minutes or less); almost without cost; and needing little administration.

Substitutions are unlimited and done “on the fly”, without game stoppage.

“Kick-ins” replace “Throw-ins.” All fouls result in an Indirect Free Kick.

No Offside.



“LDS” Futsal is meant to be a participatory sport for players of all ages and for every skill level – all at the same time in the same game, if desired!

Church sports activities are designed to help members focus on and accomplish the mission of the church, which is to “invite all to come unto Christ” (D&C 20:59) and “be perfected in Him.” (Moroni 10:32) Church activities should strengthen testimonies and foster personal growth. They also should provide opportunities to apply gospel principles and help participants develop friendships in a wholesome environment. (Church Handbook of Instructions, Bk.2:Sec.10:p.271)

It is our belief that “LDS” Futsal, when offered under Priesthood authority and with quality administration provides just such an environment for physical as well as spiritual growth.