

The Church of Jesus Christ of Latter-day Saints
UTAH AREA SPORTS



2009-10 Basketball Tournament Rules

1. **RULES:** The 2009-10 official high school basketball rules published by the National Federation of State High School Associations will be used with the adaptations as described herein
2. **UNIFORMS:** Each participating player shall have a shirt with legal numbers on front and back and the entire team shall wear shirts that match in color. Uniforms should be as similar in color and style as possible. It is recommended that shirts under the uniforms be the same color as the jersey, if not, white is acceptable. Shorts should be modest, clean, neat and appropriate for the occasion. In reference to rule 3-3-5, players' shirts may be worn outside of pants. However, players' pants must be above the hips and worn properly. In reference to rule 3-4-1c, home team is not required to have white uniforms.
3. **PLAYING TIME:** If overall game time must be limited, games shall consist of four quarters of 6-minutes each with intermissions of 1 minute after the 1st and 3rd quarters, and 3 minutes between halves. Overtime periods shall be 3 minutes in length, after a 1 minute break. The clock will stop with each whistle. Teams will be given three 60-second and two 30-second time-outs per game. Unused timeouts carry-over and each team are given an additional full timeout in each overtime period.
4. **ROSTERS AND NUMBERS:** (Rule 3-2, 10-1,2) At least ten minutes before the scheduled starting time, each team shall supply the scorekeeper a line-up sheet listing the name of each player (with uniform number) who may participate. Players wearing an illegal number will be allowed to participate; however, the team will be penalized. **NOTE:** Violation of any of these provisions will result in an administrative technical foul being assessed. No team will be assessed more than one administrative technical foul per game.
5. **SPORTSMANSHIP:** Good sportsmanship is expected of all participants in the Church sports program. Honor calls are desirable in that participants are encouraged to acknowledge rule infractions when appropriate. Officials will be expected to encourage such calls, but the officials will make the final decision.
6. **TECHNICAL / FLAGRANT FOULS:** The following penalties will be imposed for unsportsmanlike technical fouls: For the first one, the violating participant shall sit out **3 minutes of game time**; for the second one imposed in the same game, the participant shall be disqualified. Any disqualified participant (as a result of a 2nd unsportsmanlike technical foul or a flagrant foul) desiring reinstatement in the tournament will be required to have an interview with their Stake President. If, after the interview, the Stake President supports reinstatement, a written recommendation to that effect is required. Upon receipt of the letter from the Stake President, the Area Committee will consider reinstating the player.
7. **ROSTERS:** Eligibility Declaration and Team Rosters of participants should be completely filled out and submitted, together with any rule waiver request, to the stake sports director prior to the beginning of stake play.
8. **WAIVERS:** Should be prepared and approved prior to stake play.
9. **MULTIPLE TEAM PARTICIPATION:** Individuals may only participate on one church sports team during the same season. A player cannot appear on more than one tournament roster.
10. **AGE:** Youth who turn fourteen, sixteen or eighteen, during a sports season may finish the sport in which they are currently playing or move up immediately to the team of their new age group. **Bishops may, in special circumstances, allow Young Men and Young Women eighteen years of age to participate in the youth sports.** However, participation in sports should not delay worthy eighteen-year-old young men from receiving the Melchizedek Priesthood and being ordained elders (See General Handbook of Instructions, p. 4-2). Eighteen-year old young men who are ordained Elders may complete the sport in which they are currently participating or move up to the adult sport program. They may not, however, participate in both youth and adult play during the same season. **Note:** At the conclusion of that sports season, eighteen-year old Elders **MUST** participate in the adult program. All young men nineteen and older are to be affiliated with the Elders quorum as ordained Elders or as prospective Elders (See General Handbook of Instructions, p 4-2). All young women nineteen and older are to be affiliated with the relief Society. On their nineteenth birthday, they may choose to finish that sport in the youth program or advance to the adult sports program. They must however, advance to the adult program at the start of the next sport season.
11. **SCHOOL TEAM PLAYERS:** Players who have the opportunity to participate in school programs under the jurisdiction of the Utah High School Activities Association, or players who are members of officially-sponsored Junior College, College or University teams, will be asked to make a participation choice between that and the church sports program for that sport. Once any such players has participated with the school team in a scheduled game of a particular sport, that decision is firm for that season and tournament play of that sport. Prior to that first school game, if the player leaves the school squad, he/she would be eligible to participate with the ward team for the remainder of stake play and thereafter any tournament play for which they qualify.
12. **DUNKING:** No dunking (or hanging, or grabbing the rim) will be allowed **before, during or after** the basketball games. Violation of this rule will result in a flagrant foul being called and the individual will be disqualified from the tournament.