



2009-10 NFHS Basketball Rules Reminders

The intent and purpose of the rules

It is important to know the intent and purpose of a rule so that it may be intelligently applied in each play situation. A player or a team should not be permitted an advantage ... or disadvantage not intended by a rule.

Rules

- 1-2-2 If, on an unofficial court, there is less than 3 feet of unobstructed space outside any sideline or end line, a narrow broken line shall be marked on the court parallel with and 3 feet inside that boundary. This restraining line becomes the boundary line during a throw-in on that side or end. It continues to be the boundary until the ball crosses the line.
- 1-17 An "X" 12 inches long and 2 inches wide shall be placed on the floor out of bounds directly in front of the official scorer to help substitutes with the proper location.
- 2-11-1note It is recommended the team member's numbers be entered into the scorebook in numerical order.
- 2-12-4 Sound a warning signal 15 second before the expiration of an intermission or a 60-second charged time-out and at 15 seconds of a 30-second time-out, immediately after which the players shall prepare to be ready to resume play, and signal again at the end of the intermission or time-out.
- 3-1-1note A team must begin the game with five players, but if it has no substitutes to replace disqualified or injured players, it must continue with fewer than five. ...
- 3-4-3 The following numbers are legal: 0, 1, 2, 3, 4, 5, 00, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54, 55. A team list shall not have both numbers 0 and 00.
- 3-5 ... Team members shall not wear equipment or apparel which is dangerous or confusing to other players or is not appropriate. (i.e. jewelry, hats, barrettes and bobby pins are prohibited.)
- 4-3; 6-4-1 The alternating possession arrow is set toward the team's basket.
- 4-5-2 Each team's basket for practice before the game and the first half shall be the one farther from its team bench.
- 4-5-3 The teams shall change baskets for the second half.
- 4-5-4 If by mistake the officials permit a team to go the wrong direction, when discovered all points scored, fouls committed, and time consumed shall count as if each team had gone the proper direction. Play shall resume with each team going the proper direction based on bench location.
- 4-44-5 Traveling. A player holding the ball: May not touch the floor with a knee or any other part of the body other than hand or foot. After gaining possession while on the floor ... may not attempt to get up or stand.
- 5-8-3 Time-out occurs when an official grants a player's/head coach's oral or visual request for a time-out...when: The ball is in control or at the disposal of a player of his/her team; or the ball is dead...
- 7-5-7 After a goal ... the throw-in ... is from any point outside the end line.
- 8-1-4 The number of players permitted on marked lane spaces during free throws (not including the free-throws) are four defensive and two offensive players, with the lane spaces between the end line and block remaining vacant.
- 4-19-14 An unsporting foul is a noncontact technical foul which consists of unfair, unethical, dishonorable conduct or any behavior not in accordance with the spirit of fair play.
- 10-3-6 Player Technical – unsporting foul: This includes, but not limited to, acts or conduct such as: Disrespectfully addressing or contacting an official or gesturing in such a manner as to indicate resentment; Using profane or inappropriate language or obscene gestures; Baiting or taunting an opponent; Purposely obstructing an opponent's vision by waving or placing hand(s) near his/her eyes; Faking being fouled; Removing the jersey within the visual confines of the playing area.
- 10-5-1 The head coach shall remain seated on the team bench, except: ... request a time-out or signal his/her players to request a time-out; confer with personnel at the scorer's table ...